Department of Veterans Affairs	FOOT CONDITIONS, INCLUDING FLATFOOT (DISABILITY BENEFITS QUESTIONN	PES PLANUS) AIRE				
Name of Claimant/Veteran's Social Security Number Date of Examination						
IMPORTANT - THE DEPARTMENT OF VETERANS AFFAIRS COMPLETING AND/OR SUBMITTING THIS FORM.	(VA) WILL NOT PAY OR REIMBURSE ANY EXPENSES OR COST INCUR	I RED IN THE PROCESS OF				
of their evaluation in processing the Veteran's claim. VA may of	ans Affairs (VA) for disability benefits. VA will consider the information you probtain additional medical information, including an examination, if necessary, tenticity of ALL questionnaires completed by providers. It is intended that this	o complete VA's review of the				
Are you completing this Disability Benefits Questionnaire at t	the request of:					
Veteran/Claimant						
Other: please describe						
Are you a VA Healthcare provider? Yes No						
Is the Veteran regularly seen as a patient in your clinic?	Yes No					
Was the Veteran examined in person? Yes N	0					
If no, how was the examination conducted?						
	EVIDENCE REVIEW					
Evidence reviewed:	EVIDENCE REVIEW					
No records were reviewed						
Records reviewed						
Please identify the evidence reviewed (e.g. service treatmen	nt records, VA treatment records, private treatment records) and the date rang	ge.				
	SECTION I - DIAGNOSIS					
1A. List the claimed condition(s) that pertain to this questionnal						

Note: These are the diagnoses determined during this current evaluation of the claimed condition(s) listed above. If there is no diagnosis, if the diagnosis is different from a previous diagnosis for this condition, or if there is a diagnosis of a complication due to the claimed condition, explain your findings and reasons in comments section. Date of diagnosis can be the date of the evaluation if the clinician is making the initial diagnosis, or an approximate date determined through record review or reported history.

SECTION I - DIAGNOSIS (continued)								
1B. Select diagnoses associated with the claimed condition(s) (check all that apply):								
The Veteran does not have a current diagnosis associated with any claimed conditions listed above. (Explain your findings and reasons in comments section.)								
Note	If any condition is checked below, co	mplete all of Se	ection 1, Section	on 2, and also t	he applicable Sec	tion(s) 3 through 11 with which	h the condition is most associa	ited.
	Diagnosis:	Side affected	:		ICD Code:	Date of diagnosis:		
	Flat foot (pes planus)	Right	Left	Both		Right:	Left:	
	Plantar fasciitis	Right	Left	Both		Right:	Left:	
	Morton's neuroma	Right	Left	Both		Right:	Left:	
	Metatarsalgia	Right	Left	Both	-	Right:	Left:	
	Hammer toes	Right	Left	Both		Right:	Left:	
Ц	Hallux valgus	Right	Left	Both		Right:	Left:	
Ц	Hallux rigidus	Right	Left	Both		Right:	Left:	
닏	Acquired pes cavus (claw foot)	Right	Left	Both		Right:	Left:	
Ш	Malunion/nonunion of tarsal/ metatarsal bones	Right	Left	Both	-	Right:	Left:	
	Foot injury(ies), specify:	Right	Left	Both		Right:	Left:	
	Arthritic conditions:	_	_	_				
	Arthritis, degenerative, other than post-traumatic	Right	Left	Both		Right:	Left:	
	Arthritis, gonorrheal	Right	Left	Both		Right:	Left:	
	Arthritis, pneumococcic	Right	Left	Both		Right:	Left:	
	Arthritis, streptococcic	Right	Left	Both		Right:	Left:	
	Arthritis, syphilitic	Right	Left	Both		Right:	Left:	
	Arthritis, multi-joint (except post-traumatic and gout), as	Right	Left	Both		Right:	Left:	
	an active process Arthritis, post-traumatic	Right	Left	Both		Right:	Left:	
	Arthritis, typhoid	Right	Left	Both		Right:	Left:	
	Arthritis, other specified forms							
	of arthropathy (excluding gout)	Right	Left	Both		Right:	Left:	
	Inflammatory conditions:							
	Osteoporosis, residuals of	Right	Left	Both		Right:	Left:	
	Osteomalacia, residuals of	Right	Left	Both		Right:	Left:	
	Bones, neoplasm, benign	Right	Left	Both	-	Right:	Left:	
	Bones, neoplasm, malignant,	Right	Left	Both		Right:	Left:	
	primary or secondary Osteitis deformans	☐ Bight	□loft	Both		- Dight:	 Left:	
	Gout	Right Right	Left Left	Both	-	Right: Right:	Left:	
	Bursitis	Right	Left	Both		Right:	Left:	
	Myositis	Right	Left	Both		Right:	Left:	
	Myositis ossificans	Right	Left	Both		Right:	Left:	
	Other specified forms:		Ш	Ш				
		Right	Left	Both		Right:	Left:	
	Tendinopathy (select one if known)	Right	Left	Both		Right:	Left:	
	Tendinitis	Right	Left	Both		Right:	Left:	
	Tendinosis	Right	Left	Both		Right:	Left:	
	Tenosynovitis	Right	Left	Both		Right:	Left:	
	Other, specify:					-	<u> </u>	
	Diagnosis #1							
		Right	Left	Both		Right:	Left:	
	Diagnosis #2	~				<u> </u>		
	_	Right	Left	Both		Right:	Left:	
	Diagnosis #3							
		Right	Left	Both		Right:	Left:	

SECTION I - DIAGNOSIS (continued)				
1C. If there are additional diagnoses that pertain to foot conditions, list using above format:				
SECTION II - MEDICAL HISTORY				
2A. Describe the history (including onset and course) of the Veteran's foot condition (brief summary):				
2B. Does the Veteran report pain of the foot being evaluated on this questionnaire?				
Yes No				
If yes, document the Veteran's description of pain in his or her own words:				
2C. Does the Veteran report that flare-ups impact the function of the foot?				
Yes No				
If so, ask the Veteran to describe the flare-ups he or she experiences, including the frequency, duration, characteristics, precipitating and alleviating factors, severity and/or extent of functional impairment he or she experiences during a flare-up of symptoms.				
oxent of talletonal impairment to or one experiences during a nate up or cymptome.				
2D. Does the Veteran report having any functional loss, or functional impairment, of the joint or extremity being evaluated on this questionnaire, including but not limited to repeated use over time?				
Yes No				
If yes, document the Veteran's description of functional loss or functional impairment in his/her own words:				
SECTION III - FLATFOOT (PES PLANUS)				
Note: Indicate all signs and symptoms that apply to the Veteran's flatfoot (pes planus) condition, regardless of whether similar signs and symptoms appear more than once in different sections.				
3A. Does the Veteran have pain on use of the feet?				
Yes No				
If yes, indicate side affected: Right Left Both				
If yes, is the pain accentuated on use?				
If yes, indicate side affected:				
3B. Does the Veteran have pain on manipulation of the feet?				
Yes No				
If yes, indicate side affected: Right Left Both				
If yes, is the pain accentuated on manipulation?				
If yes, indicate side affected: Right Left Both				

	SECTION III - FLATFOOT	(PES PLANUS) (continued)			
3C. Is there indication of swelli	ng on use?				
Yes No					
If yes, indicate side affec	ted:				
Right Lo	eft Both				
3D. Does the Veteran have cha	aracteristic calluses?				
Yes No					
If yes, indicate side affec	ted:				
Right L	eft Both				
3E. Effects of use of arch supp	orts or built-up shoes				
Effecting	g Complete Relief of Symptoms	Trie	d But Remains Symptomatic		
Device	Side Relieved	Device	Side Not Relieved		
Arch Supports	Right Left Both	Arch Supports	Right Left Both		
Built-up Shoes	Right Left Both	Built-up Shoes	Right Left Both		
3F. Does the Veteran have ext	reme tenderness of plantar surfaces on one or both fee	1?			
Yes No					
If yes, indicate side affec	ted:				
Right Lo	eft Both				
Is the tenderness improv	ed by orthopedic shoes or appliances?				
Right Yes	No N/A No N/A				
3G. Does the Veteran have de	creased longitudinal arch height of one or both feet on v	veight-bearing?			
Yes No					
If yes, indicate side affec	If yes, indicate side affected:				
Right L	eft Both				
3H. Is there objective evidence	of marked deformity of one or both feet (pronation, abo	luction, etc.)?			
Yes No					
If yes, indicate side affected:					
Right Left Both					
3I. Is there marked pronation of one foot or both feet?					
Yes No					
If yes, indicate side affected:					
Right Left Both					
Is the condition improved by orthopedic shoes or appliances?					
Right					

SECTION III - FLATFOOT (PES PLANUS) (continued)
3J. For one or both feet, is the weight-bearing line over or medial to the great toe?
Yes No
If yes, indicate side affected:
Right Left Both
3K. Is there a lower extremity deformity other than pes planus, causing alteration of the weight-bearing line?
Yes No
If yes, indicate side affected:
Right Left Both
Describe lower extremity deformity other than pes planus causing alteration of the weight-bearing line:
3L. Does the Veteran have "inward" bowing of the Achilles' tendon (i.e., hindfoot valgus, with lateral deviation of the heel) of one or both feet?
Yes No
If yes, indicate side affected:
Right Left Both
3M. Does the Veteran have marked inward displacement and severe spasm of the Achilles' tendon (rigid hindfoot) on manipulation of one or both feet?
Yes No
If yes, indicate side affected:
☐ Right ☐ Left ☐ Both
Is the marked inward displacement and severe spasm of the Achilles' tendon improved by orthopedic shoes or appliances?
Right Yes No N/A
Left Yes No N/A
3N. Comments, if any:
SECTION IV - PLANTAR FASCIITIS
4A. Has the Veteran undergone non-surgical treatment for plantar fasciitis?
Yes No
If yes, indicate side:
Right Left Both
4B. If yes, did the non-surgical treatment relieve the symptoms?
Yes No
If no, indicate side not relieved:
Right Left Both

SECTION IV - PLANTAR FASCIITIS (continued)
4C. Has the Veteran undergone surgical treatment for plantar fasciitis?
Yes No (if no, proceed to 4E)
If yes, indicate side:
Right Left Both
4D. If yes, did the surgical treatment relieve the symptoms?
Yes No
If no, indicate side not relieved:
Right Left Both
4E. If the Veteran has not undergone surgical treatment, was the Veteran recommended for surgical intervention, but was not a surgical candidate?
☐ Yes ☐ No
If yes, indicate side:
Right Left Both
4F. Does the Veteran have any functional loss of the foot/feet due to plantar fasciitis?
Yes No
If yes, indicate side affected:
Right Left Both
Describe the functional loss of the foot/feet due to plantar fasciitis:
4C Comments if any
4G. Comments, if any:
SECTION V - MORTON'S NEUROMA (MORTON'S DISEASE) AND METATARSALGIA
5A. Does the Veteran have Morton's neuroma?
Yes No
If yes, indicate side affected:
Right Left Both
5B. Does the Veteran have metatarsalgia?
Yes No
If yes, indicate side affected:
Right Left Both

SECTION V - MORTON'S NEUROMA (MORTON'S DISEASE) AND METATARSALGIA (continued)
5C. Comments, if any:
SECTION VI - HAMMER TOE
6A. If the Veteran has hammer toes, which toes are affected?
Right: None Great toe Second toe Third toe Fourth toe Little toe Left: None Great toe Second toe Third toe Fourth toe Little toe
6B. Comments, if any:
SECTION VII - HALLUX VALGUS
7A. Does the Veteran have symptoms due to a hallux valgus condition?
Yes No
If yes, indicate severity (check all that apply):
Mild or moderate symptoms
Side affected: Right Left Both
Severe symptoms, with function equivalent to amputation of great toe
Side affected: Right Left Both
7B. Has the Veteran had surgery for hallux valgus?
Yes No
If yes, indicate type and date of surgery and side affected:
Resection of metatarsal head
Date of surgery: Side affected: Right Left Both
Tarsal osteotomy/metatarsal head osteotomy (equivalent to metatarsal head resection)
Date of surgery: Side affected: Right Left Both
Other surgery for hallux valgus, describe:
Date of surgery: Side affected: Right Left Both
7C. Comments, if any:

SECTION VIII - HALLUX RIGIDUS
8A. Does the Veteran have symptoms due to hallux rigidus?
Yes No
If yes, indicate severity (check all that apply):
Mild or moderate symptoms
Side affected: Right Left Both
Severe symptoms, with function equivalent to amputation of great toe
Side affected: Right Left Both
8B. Comments, if any:
SECTION IX - ACQUIRED PES CAVUS (CLAW FOOT)
9A. Effect on toes due to pes cavus (check all that apply):
□ None □ Right □ Left □ Both □ Great toe dorsiflexed □ Right □ Left □ Both
All toes tending to dorsiflexion Right Left Both
All toes hammer toes Right Deft Both Other, describe (if there is an effect on toes due to etiology other than pes cavus, indicate other etiology):
Other, describe (if there is an effect of foes due to etiology other than pes cavas, indicate other enology).
9B. Pain and tenderness due to pes cavus (check all that apply):
None Right Left Both Definite tenderness under metatarsal heads Right Left Both
Marked tenderness under metatarsal heads Right Left Both
☐ Very painful callosities☐ Right☐ Left☐ Both☐ Other, describe (if the Veteran has pain and tenderness due to etiology other than pes cavus, indicate other etiology):
Other, describe (if the veteral has pain and tenderness due to ethology other than pes cavus, indicate other ethology).
9C. Effect on plantar fascia due to pes cavus (check all that apply):
None Right Left Both Shortened plantar fascia Right Left Both
Marked contraction of plantar fascia with dropped forefoot Right Both
Other, describe (if there is an effect on plantar fascia due to etiology other than pes cavus, indicate other etiology):

SECTION IX - ACQUIRED PES CAVUS (CLAW FOOT) (continued)
9D. Dorsiflexion and varus deformity due to pes cavus (check all that apply):
None Right Left Both Some limitation of dorsiflexion at ankle Right Left Both Limitation of dorsiflexion at ankle to right angle Right Left Both Marked varus deformity Right Left Both Other, describe (if the Veteran has dorsiflexion and varus deformity due to etiology other than pes cavus, indicate other etiology):
9E. Comments, if any:
SECTION X - MALUNION OR NONUNION OF TARSAL OR METATARSAL BONES
10A. Indicate severity and side affected for malunion or nonunion of tarsal or metatarsal bones:
Moderate Right Left Both
10B. Comments, if any:
SECTION XI - FOOT INJURIES AND OTHER CONDITIONS Note: Complete this section if the Veteran has any foot injuries or other foot conditions listed in Section 1B not already described above in Sections 3 through 10.
Note: For VA purposes "bilateral weak foot" describes a symptomatic condition secondary to many constitutional conditions, and is characterized by atrophy of the musculature, disturbed circulation and weakness.
11A. Does the Veteran have any foot injuries or other foot conditions not already described?
Yes No
If yes, describe the foot injury or other foot conditions (including frequency and physical exam findings) and complete question 11B (severity and side affected).
11B. Indicate severity and side affected.
Not affected Right Left Both Mild Right Left Both Moderate Right Left Both Moderately severe Right Left Both Right Left Both
Severe

SECTION XI - FOOT INJURIES AND OTHER CONDITIONS (continued)					
11C. Does	the foot condition	on chronically compromise weight-bearing?			
Yes No					
11D. Does	the foot condition	on require arch supports, custom orthotic in:	serts or shoe modifications?		
Yes	No No				
11E. Comm	nents, if any:				
		SECTI	ON XII - SURGICAL PROCEDL	JRES	
Note: Comp	olete this section	n if the Veteran has had any surgical proce			
12A. Has th	e Veteran had	foot surgery (arthroscopic or open)?			
Yes	No No				
If yes,	, indicate side a	iffected, type of procedure and date of surg	ery.		
	Right foot proce	edure:			
	Date of surgery	<i></i>			
	Left foot proced	dure:			
	Date of surgery	<i>r</i> :			
12B. Does t	the Veteran hav	e any residual signs or symptoms due to a	rthroscopic or other foot surgery?		
Yes	No				
If yes, desc	ribe residuals:				
	1- 41	16 b. 44- V-4	SECTION XIII - PAIN		
Foot	Is there pain on physical exam?	If no, but the Veteran reported pain in his/her medical history, please provide rationale below.	If yes (there is pain on physical exam), does the pain contribute to functional loss?	If no (i.e., the pain does not contribute to functional loss or additional limitations), explain why:	
Right	Yes		Yes (you will be asked to further describe these		
Foot	☐ No		limitations in Section 14) No		
, .	Yes		Yes (you will be asked to further describe these		
Left Foot	☐ No		limitations in Section 14)		
I					

Note: VA defines functional loss as the inability, due to damage or infection in parts of the system, to perform normal working movements of the body with normal excursion, strength, speed, coordination and/or endurance. As regards the joints, factors of disability reside in reductions of their normal excursion of movements in different planes. Using information based on a review of all procurable information - to include the Veteran's statement on examination, case-specific evidence (to include medical treatment records when applicable and lay evidence), the examiner's medical expertise, and physical exam, select the factors below that contribute to functional loss or impairment (regardless of repetitive use) or to additional limitation of range of motion (ROM) after repetitive use for the joint or extremity being evaluated on this questionnaire: 14A. Contributing factors of disability (check all that apply and indicate side affected): No functional loss for left lower extremity attributable to claimed condition Right Both More movement than normal Right Both Weakened movement Right Both Right Both						
records when applicable and lay evidence), the examiner's medical expertise, and physical exam, select the factors below that contribute to functional loss or impairment (regardless of repetitive use) or to additional limitation of range of motion (ROM) after repetitive use for the joint or extremity being evaluated on this questionnaire: 14A. Contributing factors of disability (check all that apply and indicate side affected): No functional loss for left lower extremity attributable to claimed condition No functional loss for right lower extremity attributable to claimed condition Right						
No functional loss for left lower extremity attributable to claimed condition No functional loss for right lower extremity attributable to claimed condition Less movement than normal Right Right Left Both Weakened movement Right Left Both						
No functional loss for <u>right</u> lower extremity attributable to claimed condition Less movement than normal Right Right Left Both Right Left Both Right Left Both						
Less movement than normal Right Left Both More movement than normal Right Left Both Weakened movement Right Left Both						
More movement than normal Right Left Both Right Left Both						
Weakened movement Right Left Both						
Swelling Right Left Both						
Deformity Right Left Both						
Atrophy of disuse Right Left Both						
Instability of station Right Left Both						
Disturbance of locomotion Right Left Both						
Interference with sitting Right Left Both						
Interference with standing Right Left Both						
Pain Right Left Both						
Fatigue Right Left Both						
Weakness Right Left Both						
Lack of endurance Right Left Both						
☐ Incoordination ☐ Right ☐ Left ☐ Both						
Other, describe: Right Left Both						
14B. Does procured evidence (statements from the Veteran) suggest pain, fatigability, weakness, lack of endurance, or incoordination which significantly limits functional ability during flare-ups and/or after repeated use over time?						
Yes No						
If yes, indicate side affected:						
Right Left Both						
If yes (there is a functional loss due to pain, during flare-ups and/or after repeated use over time), please describe the functional loss as well as cite and discuss evidence (must be specific to the case and based on all procurable evidence):						

SECTION XIV - FUNCTIONAL LOSS (continued)				
14C. Is there any other functional loss during flare-ups and/or af	iter repeated us	e over time?		
Yes No				
If yes, indicate side affected:				
Right Left Both				
If yes, describe:				
Note: For any joint condition, unless medically contraindicated, t nonweight-bearing. These factors must be assessed for the clair measurements in degrees do not need to be documented.	:he examiner she med foot and the	ould address p e contralateral	ain on both passive and active motion foot (even if the contralateral foot is u	ι, and on both weight-bearing and nclaimed). Specific joint range of motion
14D. Is there evidence of pain on any of the following? (check al	Il that apply)			
Passive motion	Right	Left	Both	
Active motion	Right	Left	Both	
Weight-bearing	Right	Left	Both	
Nonweight-bearing	Right	Left	Both	
On rest/non-movement	Right	Left	Both	
If yes, describe:				
If unable to assess, a rationale is required (e.g., the foot is in a cast; the contralateral unclaimed foot is damaged; etc.):				
SECTION XV - OTHER PERTINENT PHYSIC	AL FINDING	3, CONFLIC	ATIONS, CONDITIONS, SIGNS,	STWFTOWS AND SCARS
15A. Does the Veteran have any other pertinent physical findings, complications, conditions, signs or symptoms related to any conditions listed in the diagnosis section above?YesNo				
If yes, describe (brief summary):				
15B. Does the Veteran have any scars or other disfigurement (o	of the skin) relate	ed to any condi	tions or to the treatment of any condit	ions listed in the diagnosis section?
Yes No				
If yes, complete appropriate dermatological questionnaire.				

SECTION XVI - ASSISTIVE DEVICES
16A. Does the Veteran use any assistive devices (other than those identified above) as a normal mode of locomotion, although occasional locomotion by other methods may be possible?
Yes No If yes, identify assistive devices used (check all that apply and indicate frequency):
Wheelchair Frequency of use: Occasional Regular Constant Brace Frequency of use: Occasional Regular Constant Crutches Frequency of use: Occasional Regular Constant Cane Frequency of use: Occasional Regular Constant Walker Frequency of use: Occasional Regular Constant Other: Frequency of use: Occasional Regular Constant
16B. If the Veteran uses any assistive devices, specify the condition, indicate the side, and identify the assistive device used for each condition:
SECTION XVII - REMAINING EFFECTIVE FUNCTION OF THE EXTREMITIES Note: The intention of this section is to permit the examiner to quantify the level of remaining function; it is not intended to inquire whether the Veteran should undergo an amputation with fitting of a prosthesis. For example, if the functions of grasping (hand) or propulsion (foot) are as limited as if the Veteran had an amputation and prosthesis,
the examiner should check "yes" and describe the diminished functioning. The question simply asks whether the functional loss is to the same degree as if there were an amputation of the affected limb.
17A. Due to the Veteran's foot condition(s), is there functional impairment of an extremity such that no effective functions remain other than that which would be equally well served by an amputation with prosthesis? Functions of the lower extremity include balance and propulsion, etc.
Yes, functioning is so diminished that amputation with prosthesis would equally serve the Veteran. No
If yes, indicate extremities for which this applies:
Right lower Left lower
For each checked extremity, identify the condition causing loss of function, describe loss of effective function and provide specific examples (brief summary):
SECTION XVIII - DIAGNOSTIC TESTING
Note: Testing listed below is not indicated for every condition. Plain or weight-bearing foot x-rays are not required to make the diagnosis of flatfoot. The diagnosis of degenerative arthritis (osteoarthritis) or post-traumatic arthritis must be confirmed by imaging studies. Once such arthritis has been documented, even if in the past, no further imaging studies are required by VA, even if arthritis has worsened.
18A. Have imaging studies been performed in conjunction with this examination?
Yes No
18B. If yes, is degenerative or post-traumatic arthritis documented?
Yes No
If yes, indicate foot:
Right Left Both
18C. If yes, provide type of test or procedure, date and results (brief summary):

SECTION XVIII - DIAGNOSTIC TESTING
18D. Are there any other significant diagnostic test findings or results related to the claimed condition(s) and/or diagnosis(es), that were reviewed in conjunction with this examination?
Yes No
If yes, provide type of test or procedure, date and results (brief summary):
18E. If any test results are other than normal, indicate relationship of abnormal findings to diagnosed conditions:
SECTION XIX - FUNCTIONAL IMPACT
Note: Provide the impact of only the diagnosed condition(s), without consideration of the impact of other medical conditions or factors, such as age.
19A. Regardless of the Veteran's current employment status, do the condition(s) listed in the diagnosis section impact his or her ability to perform any type of occupational task (such as standing, walking, lifting, etc.)?
Yes No
If yes, describe the functional impact of each condition, providing one or more examples:
SECTION XX- REMARKS
20A. Remarks (if any – please identify the section to which the remark pertains when appropriate).
SECTION XXI- EXAMINER'S CERTIFICATION AND SIGNATURE
CERTIFICATION - To the best of my knowledge, the information contained herein is accurate, complete and current.
21A. Examiner's signature: 21B. Examiner's printed name and title (e.g. MD, DO, DDS, DMD, Ph.D, Psy.D, NP, PA-C):
213. Examiner's printed name and title (e.g. Mb, bo, bbo, bmb, 1 ii.b, 1 sy.b, Ni , 1 A-o).
21C. Examiner's Area of Practice/Specialty (e.g. Cardiology, Orthopedics, Psychology/Psychiatry, General Practice): 21D. Date Signed:
21E. Examiner's phone/fax numbers: 21F. National Provider Identifier (NPI) number: 21G. Medical license number and state:
21H. Examiner's address: