**MEMORANDUM FOR DEPARTMENT OF VETERAN AFFAIRS** [INSERT DATE]

**SUBJECT:** Request for Permanent and Total Disability Status

Dear VA Rater,

My name is John B. Doe, and I served in the United States Army as an Infantryman from 2002-2012. I deployed to Iraq in 2005 and Afghanistan and 2008. My military service, to include multiple deployments, led to numerous disability conditions that I struggle with every single day of my life. I’m currently service connected for Combat PTSD (70%), Sleep Apnea (50%), Headaches (30%), GERD (20%), Shoulder Condition (20%), Lumbar Strain (10%), and Tinnitus (10%). My overall combined VA rating is 100% scheduler; however, I don’t currently have P&T status. I’m seeking 100% permanent and total disability status from the VA because my conditions meet the definitions of Static, Permanent, and Total, and are unlikely to show ‘Material Improvement’ as I get older.

In accordance with ‘M21-1, Part IV, Subpart ii, Chapter 1, Section A - Determining the Need for Review Examinations,’ my disability conditions meet the definition of ‘static’ and are ‘permanent’ by their nature, history, and severity. In addition, a static disability exists when there has not been material improvement over 5 years, which is applicable to my claim. My service connected disabilities were rated in 2013 and have been static since that time. Also, I meet the definition of a ‘Total’ disability as I have a 100% combined VA rating that has significantly affected my ability to find substantially gainful employment, although I am blessed to be working now. Finally, in accordance with 38 CFR § 3.340, I meet the definition of ‘Permanent Total Disability,’ because the impairment is reasonably certain to continue throughout my life.

Please see the attached Code Sheet and letter written by Doctor Ozz where she explains medically why and how my 7 service connected conditions are unlikely to show material improvement over time: Combat PTSD (70%), Sleep Apnea (50%), Headaches (30%), GERD (20%), Shoulder Condition (20%), Lumbar Strain (10%), and Tinnitus (10%). My service connected disabilities have been service connected and rated at the same level (static and permanent) since 2013.

In summary and for the reasons cited herein, please grant me permanent and total disability status as of my most recent notice of intent to file date. I CERTIFY THAT the statements on this letter are true and correct to the best of my knowledge and belief. If you need anything further, please contact me at the home address, phone number, or email address listed in my VA.gov profile.

Respectfully,

[INSERT SIGNATURE]

John B. Doe

USA Disabled Veteran (2002-2012)